



SOWER tidbits

they're
heeeereeee...

top 10 reasons to participate in SOWER...

2
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1
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t-shirts

back

10. new faces, new friends
09. food, food... and... more... food
08. campfires – can you say s'more?
07. bye, bye comfort zone
06. laughter
05. knowing you helped make a difference
04. a servant's heart exemplified
03. becoming Christ's hands and feet
02. fun
01. sharing our witness enriching relationships



left
front chest

Contact us to order yours today. T-shirts are \$15.00/each and funds raised benefit our hunger outreach ministry.

Visit us online
to see photos
of our SOWER
groups in
action!

**SOWER celebration Dinner:
Saturday, October 23 @ 6:00pm**

Thank you to the Bishop & Elders Work Mission team who kicked off SOWER this summer with their two-day work mission trip. We are excited for the coming weeks as we have over 280 SOWERS making building repairs in the area. Projects will include porch repair, roofing, siding, handicap accessible ramps, painting and more. It's going to be a GREAT summer full of God's blessings!

Red, White & You!

Celebrating 100 Years of Health

Join us on Saturday, July 10 during Epworth Park's Chautauqua Days for our annual health fair and walk. The "Footprints in the Park" Walk kicks off with sign-ups from 8:00—8:30 a.m. All ages are encouraged to attend. Come help us walk toward our goal of reaching 50,000 steps together, and get a free pedometer (while supplies last).

The health fair is from 9:00 a.m. to 1:00 p.m. There will be screenings, information, free stuff and more. New this year are demonstrations! They include:

- **AVON SKIN CARE REGIMEN - BEAUTY WITHIN - WITHOUT**

97% of dermatologists agree the best way to treat and protect your skin throughout your lifetime is to start an anti-aging skin care regime as early as possible. AVON provides multiple products to meet your every skin care need.

- **HEALTHY FOOD YOU'LL LIKE**

A food demonstration and tasting presentation by Polly Loy, Ohio State University Extension, Family and Consumer Sciences Educator. Learn how to make simple adjustments to your cooking habits so that the dishes you like best are better for you. Bring your questions and your recipes and let's talk!

- **SCRAPBOOKING** by Hometown Memories & **MORE** to be named!

This year we'll have a **LIVE** radio remote by WBNV! We'll also have **activities for children**, including face painting, balloons, treats, and more! Also — sign-up for a youth bike giveaway!

This event is going to be GREAT. You won't want to miss it. We wish to thank our sponsors: Ohio Hills Health Services, Real Life Community of Faith, Barnesville Hospital, Epworth Park, Caresource, Unison, Molina Healthcare, and we're still adding to the list.

Did you know that Epworth Center is proud to be a host site for Church Communication Network satellite events? Visit our website for a list of upcoming events. There will be other events later this year as well!

Epworth Center prayer requests

SOWER participants and clients, outreach ministries, volunteers, staff

Sign up for our online
emailing list at
www.epworthcenter.org!

Mission Statement:

Making disciples for Jesus Christ by working with local churches to make building repairs for individuals, families, churches, and nonprofit organizations who cannot afford them.

The Epworth Center is listed as an East Ohio Conference Advance Special:
9140- SOWER
9191- Outreach

Contact Us

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SOWER Work Mission

A ministry of the East Ohio Conference of The United Methodist Church, working within the Southern Hills and Ohio Valley Districts.

SOWER has an ecumenical focus, welcoming groups from many denominations.