

# Epworth Center

## SOWER Work Mission Safety Policies & Procedures

*It is the plan of the Epworth Center management that you have a good experience while participating in the SOWER Work Mission Program. We want you to have a **safe experience**.*

1. Group safety is a **high concern** for the management of the Epworth Center.
2. Realize that persons can have accidents. If an accident should occur, alert your project supervisor and group leaders **immediately**.
3. Take **no** unnecessary risks.
4. While in the lodge, there is **no** running or horsing-around.
5. Pay **careful attention** to instructions given to you by the Epworth staff and group leaders.
6. On the worksite, **follow the instructions** of the project supervisor.
7. Each group is to take a **first aid kit** with them to the worksite. First aid kits are provided by the Epworth Center.
8. **No one** is to climb up a ladder without someone at the base making sure that the ladder is secure.
9. **Wear** jeans, work boots, and **use** gloves on the worksite.
10. Drink **plenty of water** while at the worksite, especially on hot days.
11. Make sure you **rest** during break times to regain your strength.
12. If you **feel uncomfortable** with doing a certain task, let the project supervisor know.
13. **Remember that "safety" is a watch-word of the Epworth Center!**